

CONDITIONS

200 hours Yoga Teacher Training Course

1 month Teacher Training Course in accordance with the syllabus of the Yoga Institute

Language: English

The price of the Teacher Training Course is € 2950,- per person

Schedule

Arrival on Saturday

Introduction on the first Sunday

Lessons from Monday to Friday 06:00 to 18:30, Saturday and Sunday off

Exam on the last Saturday

Departure on Sunday

Included in the Training Course

- Stay in a shared room at the Chateau of Centre Lothlorien, use of public bathroom*
- Breakfast, Lunch. Dinner and Tea breaks, sattvic vegetarian meals**
- Tuition fees for the complete one month course
- All study materials are provided by Centre Lothlorien
- Practical and Theory exam
- After completion of the requirements students will receive the certificate of the Yoga Institute and RYT 200hrs accredited with the Yoga Alliance US

* In case you would prefer a private room please contact us, surcharges apply.

** Please notify us prior to arrival in case of specific allergies or dietary needs.

Requirements

- The Teacher Training is open to everyone who is interested, no prior education is required. We do expect students to devote themselves to the Training Course.
- Registration closes 3 weeks before the start of the course.
- To guarantee personal attention to each, we accept a maximum of 12 students.
- After registration we request a non-refundable deposit of € 300,-.
- The rest of the fees can be paid on arrival at the centre.
- To complete the course students need to pass an exam.
- Attendance to a minimum of 80% of the classes is required.

House rules

- Students are expected to behave towards a Yoga lifestyle.
- Besides Karma Yoga students will rotate in daily chores.
- No drugs are allowed at the Centre

